

## MONTHLY BOARD MEETING MINUTES

February 25, 2008

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### **Mental Health Board**

#### **Members in Attendance**

Allinger, Tony  
Basham, Don  
Bravo, Isabel  
Egli, Eric  
Gautier, LaVern  
Lamb, Wes  
Tribbey, John  
Woodall, Kimberly

#### **Staff and Guests**

Abrahamson, Twylla  
Bauman, Maureen  
Bravo, Manuel  
Jones, Janna  
Knecht, Richard  
Neal, Sharen  
Tarrant, Lynn

#### **Absent Members**

Ascargorta, Mary  
Coble, Fay  
Holmes, Jim

#### **Welcome and Introductions**

Don Basham, Chair of the Mental Health, Alcohol and Drug Board, called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

#### **❖ Guest Speaker – Kara Sutter, Placer County Community Health: Strategic Plan Framework for Substance Abuse Prevention**

- Mission is primary prevention of substance abuse – dealing with community issues, prior to initiation of a problem.
- Discussed the Institute of Medicine (IOM) model and how it works.
- 20% of Block Grant funds from the federal government go to prevention.
- Each county is required to have a strategic plan in place - Kara distributed the narrative and general synopsis of the 3-year plan and provided an overview.
- Kara briefly reviewed each goal of the synopsis and identified those strategies in place.
- Continuing youth development work - Friday Night Live and Senior Peer Counseling Program.
- Kara acknowledged that it is very challenging to figure out the outcomes to confirm prevention strategies are actually working.
  - Writing the plan measures base lines (identifies what the community really knows) and provides a clearer picture of outcomes.
  - California Healthy Kids Survey data is identified as a tool to measure outcomes.
  - No social host policy in place for Placer County.
- The youth in Tahoe have been identified as the highest ranked abusers.
- California Healthy Kids Survey comes out every other year. For more information on the survey at a county level, go to [wested.org](http://wested.org).
- This plan does not provide support for mental health prevention but is addressed in Prevention and Early Intervention.

#### **❖ CSOC Quarterly – Richard Knecht, Director of CSOC**

- Provided an overview on CSOC's recent response to a request from Department of Mental Health to pilot a program review process.
  - Audit/review the specific mental health services delivered under 26.5 legislation, of the children in schools.
- Waiting list is down on IEP from 55, a year ago, to 18.
- Prevention and Early Intervention is reportedly going well with great representation from schools, the community and Latino

Council. Plan to see a recommendation coming from the Campaign for Community Wellness for use of the prevention dollars.

- Reported on the recent access to an allocation to the Department of Social Services, which will impact adult mental health.
  - Funding source - Transitional Housing Program Plus grant.
  - Targeted services to about 25 youths per year who are emancipating from the foster care system.
  - The youths will get up to 24 months of housing subsidies and intensive case services.
  - Designed with the intent to prepare more independent, higher functioning young adults as they leave foster care.
  - Enter as early as 17 with services up to the age of 24.
  - Youths can remain in the program for up to two years.

❖ **ACCESS Update – Lynn Tarrant**

- Distributed and provided an overview of the graph on the Wait Time for Routine Psychiatrist Appointment.
- Intake is screening for those with core services issues, which are for the most serious psychiatric disabilities: major depression, bipolar, psychotic and schizophrenia.
  - From the first call to talking to a clinician is down to one to two days.
  - From conversation with the clinician to being seen face to face (priority population) is eight days.
- Lynn identified how the numbers will hold even with the budget crunch.
- In response to John Tribbey's questions, Lynn identified that there is no goal to reduce the number of clients per case worker from 90 to 45 and acknowledged the need to make room for those folks coming in, needing a higher level of care and supporting those that are more stable to move on.
- Identified the need to have discharge planning conversations with clients at the point of entry (front door) – expectations:
  - Clients can improve.
  - Clients can also seek assistance from outside our system.
  - Clients need to get medical follow up.
- Discussion related to the letter given to the clients at time of discharge and what the process is for those requesting to reenter the system.
  - **Lynn will provide a copy of the graduation letter to the group.**
  - **Lynn will get back to Sharen Neal as to information on how folks reenter the system.**
- ASOC Mental Health Admits and Discharges was distributed and reviewed. Document reflects an increase in discharges.
- Announced a new Adult System of Care family group in Roseville, beginning the week of March 10, 2008 (evening) and one in Auburn, beginning the week of March 17, 2008.
  - Targets families whose loved ones are new to services.
  - Provides a better understanding of what's available to them.
  - Beginning cognitive behavioral therapy groups for clients (evidenced-based practice is for those with mood disorders).

**Secretary/Treasurer's Report**

**Approval of the January 28, 2008 Board Meeting Minutes** – Approved minutes as mailed.

**Approval of Treasurer's Report** – \$1,905.74 accepted as presented by Janna Jones.

**Standing Committee Reports**

❖ **Executive Committee – Don Basham**

- Reviewed the meeting minutes from the regular board meeting, reviewed contracts, and set agenda.

❖ **Alcohol and Drug Committee – Tony Allinger**

- Petition for signature available for the Non-Violent Offender Rehabilitation Act of 2008. Helping people be productive members of society.
- Discussed Don's research on babies being born to women who have alcohol and drugs in their system and how the group can advocate for awareness with this information.

❖ **Quality Improvement Committee – John Tribbey**

- The telephone survey is moving forward with the updated form, which includes the question regarding substance abuse.
- Reviewed the QIC calendar for the remainder of the year and will address the grievance form.
- The EQRO is scheduled for March 6-7, 2008.

- John Tribbey announced that this is his last meeting, as he will not be pursuing a second term and that Fay Coble will chair the committee.
- ❖ Children's Committee – Wes Lamb
  - Confirmed that Richard Knecht or Mike Lombardo will be in attendance at each meeting.
  - Group discussed what the purpose and mission statement will be and will bring back to the Board for approval.
  - One of the plans is for Richard Knecht to bring in someone from Intake and a program supervisor to get a sense as to the types of calls that are received, what the responses are, and a better understanding of the case flow.
  - Committee meets at 4:00 p.m. on the Monday of the Board meeting.

#### **BOS-Representative** – Supervisor Jim Holmes

- ❖ Jim Holmes, reporting the following:
  - Jim unable to attend and requested that Maureen bring forward the information on the state budget having a \$16 billion short fall.

#### **NAMI Placer County Report** – Isabel Bravo

- ❖ Isabel Bravo reported on the following:
  - Reported issues related to board members taking action on NAMI business but the community volunteers have been very willing and eager to assist in the programs.
  - Reported that the main concern is the lack of support or services for their loved ones or themselves.

#### **Correspondence and Announcements**

- ❖ Don Basham reported on the following:
  - Distributed the Annual Conflict of Interest Form 700 (January 1, 2007 through December 31, 2007), to be filed by Board members. **Due to the Clerk of the Board April 1, 2008.**
    - **Bring to the March Board meeting.**
  - Reminder: Mental Health Board Member training is the end of March – get your form to Janna Jones by the first of March.

#### **Director's Report**

- ❖ Maureen Bauman reported on the following:
  - Provided an update on MHSA, as we continue to provide great services and consolidate folks in the homeless program.
  - Provided a state budget update and overview on the three scenarios (proposals) submitted to the BOS.
  - The Adult System of Care is working with a reduced level of staff and identified reductions of programs.
  - Addressed the Adult System of Care redesign and provided an overview of what's being done to continue to provide the best service and resources.
  - Client jobs (Navigators) will be maintained through the MHSA program.

#### **Unfinished Business**

- ❖ Updated Client Satisfaction Telephone Survey
  - Addressed in the Quality Improvement Committee report.

#### **New Business**

- ❖ Contracts - The Executive Committee has reviewed and approves the following contracts:
  - ❑ Amendment for Mental Health Services – Country Villa Merced Behavioral Health Center
  - ❑ Psychiatry Services – Rajinder Singh Randhawa**John Tribbey made a motion to accept the contracts, Eric Egli seconded. Motion carried.**

Isabel Bravo requesting that a performance clause be inserted in all contracts, to identify specific services requested.

**Isabel Bravo made a motion to take this subject to the Executive Committee to create a mechanism for review of contracts and bring back to the full Board, Eric Egli seconded. Motion carried.**

#### **Board Member Comments**

- ❖ Don Basham presented John Tribbey with a certificate for his service on this Board.
- ❖ Wes Lamb announced there will be a brief after session regarding the Modesto training.

### Public Input

- ❖ Leonard Brown distributed a flyer for the upcoming Loomis Town Forum on Drug Use in Placer County – April 2, 2008 at 6:30 p.m. at Del Oro High School Theater.
- ❖ Sharen Neal addressed concerns with the upcoming county crunch and wants to know if client jobs will be lost in the process.
  - **Maureen to address in the budget update within the Director's Report.**Question as to if computers placed back at the Welcome Center.
  - **Maureen will verify that the computers are still in place.**

### Adjournment

- March 10, 2008 at 10:30 a.m. is next Executive Committee meeting (ASOC)
- March 24, 2008 is the next board meeting at HHS – Administrative Conf Rm (11533 C Avenue, Auburn)
- The meeting was adjourned at 8:22 p.m.

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Mary Ascargorta, Secretary/Treasurer, Mental Health, Alcohol and Drug Board